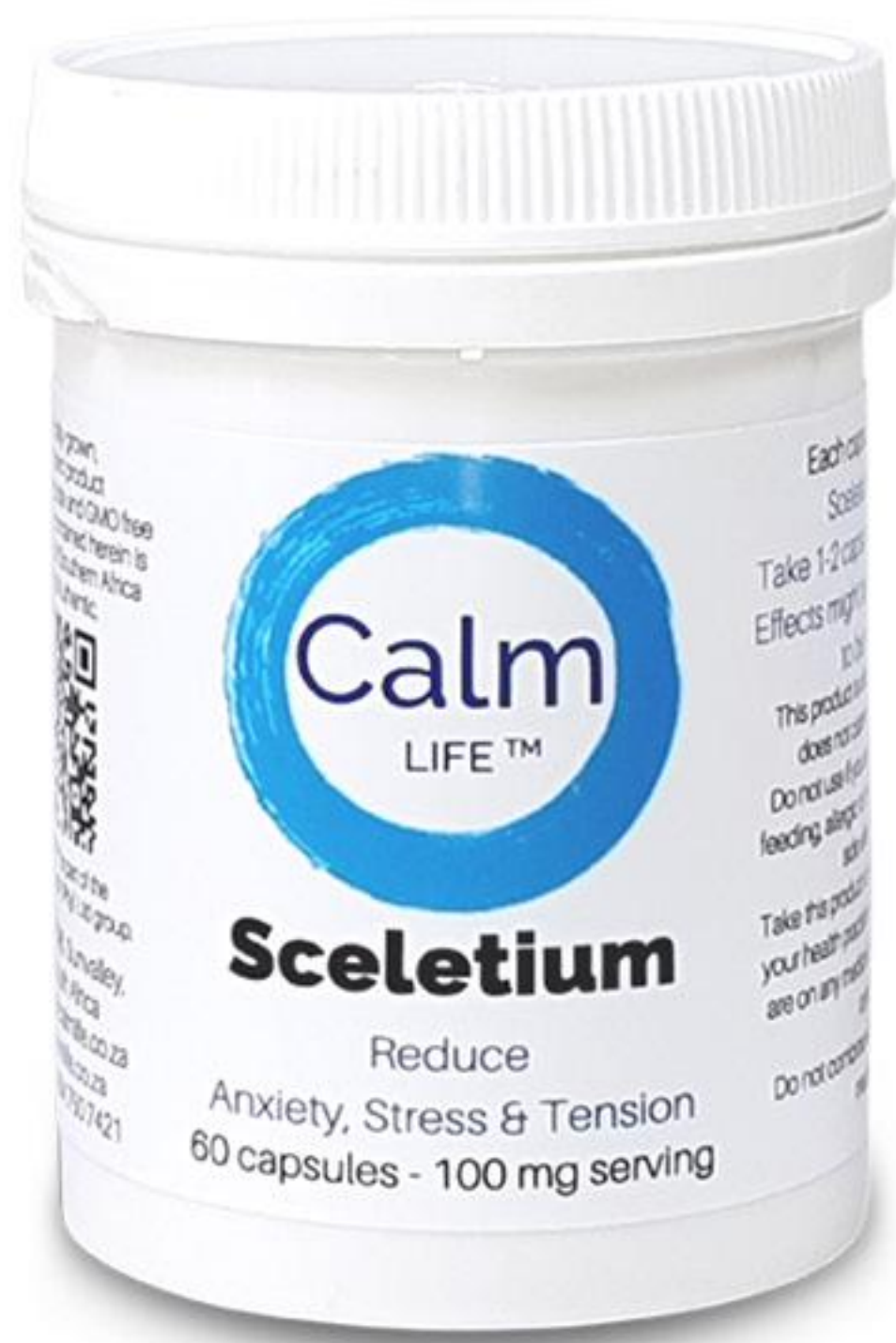




DETAILED PRODUCT INFORMATION





CalmLIFE Sceletium Tortuosum

- ✓ ORGANICALLY GROWN
- ✓ LABORATORY TESTED
- ✓ VEGAN FRIENDLY



TRADITIONAL USES

- ✓ Reduce Anxiety
- ✓ Combat Stress
- ✓ Relieve Tension
- ✓ Elevate Mood
- ✓ Increases Libido
- ✓ Combat Insomnia
- ✓ Assist with Craving Control
- ✓ Reduce Binging due to Stress

Chemistry & Pharmacological Research

Sceletium Tortuosum: Historically Sceletium Tortuosum was chewed, smoked or used as snuff, producing euphoria and alertness which gently fade into relaxation. The mood-elevating action of Sceletium is caused by a number of alkaloids including Mesembrine, Mesembrenol and Tortuosamine. These alkaloids interact with the brain's dopamine and serotonin receptors, also known as neurotransmitters, as a potent serotonin-uptake inhibitor. As a serotonin-uptake inhibitor, the brain is made proficient in reclaiming neurotransmitters from the neuron receptors to the originating nerves thus keeping more serotonin in circulation. Sceletium is known to have a balancing effect on other feel-good neurotransmitters like dopamine, norepinephrine, and adrenaline. Thus, Mesembrine allows the brain to function with reduced levels of serotonin, allowing time for natural levels to build up with coping mechanisms. Sceletium is non-addictive, non-hallucinogenic, and no severe adverse effects have been documented. The recommended dosage is a 2 capsules serving, 3 times per day or when required. An additional 2 capsules can be taken at night to combat Insomnia. Some research has shown that 500mg can significantly increase the libido in both men and woman.

Product Features

100% Natural Ingredients

Organically Grown

Suitable for Vegetarians

Suitable for Diabetics

Dairy Free

Alcohol Free

Sugar Free

Soy Free

Lactose Free

Gluten Free

Fungicide Free

Pesticide Free

GE/GMO Free Ingredients

Cape Nature Certified Authentic

IMPORTANT: Do not use this product if you are taking any antidepressant medications such as selective serotonin reuptake inhibitors (SSRI's), tricyclic antidepressants or monoamine oxidase inhibitors (MAOI). Consult your physician prior to use, especially if you have any medical condition or are taking any medications. Keep out the reach of children. This is a food supplement and does not claim to cure a disease. Do not take if you are pregnant or breastfeeding without consulting your health practitioner first. Stop taking if any side effects occur.

Free from animal products, yeast, sugar or sodium. Contains no artificial colourants, flavourants or preservatives. Vegan and animal friendly.

For more info visit us at: www.calm.life.co.za Email: contact@phealthsa.com South African Traditional Doctors Union Practice No.044093